

WEST END TE KURA Ō MŌRERE
DRAFT CURRICULUM STATEMENT
HEALTH & PHYSICAL EDUCATION - Date: July 2021

GUIDELINES & ORGANISATION

- A variety of teaching methods and strategies should be employed
- Lesson planning should reflect the range of abilities and needs of the children
- The physical activity programme will include skills-based sessions and a regular fitness programme and purposeful application
- Classroom programmes will be based on the school-wide Health & Physical Education overview
- Key events will be incorporated into the programme, eg, cross country, athletics, jump rope and interschool competitions
- Health consultation with the community will take place in line with the Ministry of Education requirements
- Programmes will be inclusive, with modified activities provided for children with special needs and abilities

PRINCIPLES

- The learning environment and opportunities will be supportive and enhance wellbeing (hauora) of learners. Experiences will consider the student's physical, social, mental and emotional health and include a spiritual dimension
- Learning in Health & Physical Education will promote responsible attitudes and values in students and enhance interactions and relationships with other people
- The programme will develop school health and safety policies and procedures
- The programme will develop the knowledge, understanding and skills to maintain and enhance personal health and physical development
- The programme will develop fundamental and physical education skills at every level, inclusive of children with special needs and abilities.
- "Fair Play" and positive attitudes will be promoted as an integral part of all programmes

CURRICULUM AREA GOAL

Students will gain the knowledge, skills, attitudes and values to enjoy a healthy lifestyle and to contribute actively to the wellbeing of themselves, other people and their wider community

KEY RESOURCES

Teachers are encouraged to use a wide variety of Resources which give ideas and guidance for unit planning and hands on experiences for students –

- Health & Physical Education in the New Zealand Curriculum
- Curriculum in Action documents
- Fundamental Skills Manual
- Kiwidex Manual
- Kiwi Outdoors Manual
- Community resource personnel
- Public Health Nurse
- Health Promotions Unit (TDHB)
- Dental Therapist
- Health & Safety Resource Kits, eg KOS, Kia Kaha
- Police Education Officer
- Fire Service – Fire Wise Programme
- What's the Plan Stan? (Civil Defence)
- ACC Think Safe Education Years 1-8

ASSESSMENT

The teacher should use a range of criteria and strategies to gather information in order to assess individual children's learning in Health & Physical education

- Physical Education Resource kits, eg Jump Rope for Heart, gym fun, Kiwisport manuals, Swimsafe, Jump Jam
- Fundamental Movement Skills
- Perceptual Motor Programme
- Life Education Trust
- 5+a Day
- Sunsmart
- Seasons Grief/Loss Programme
- Let's Go – NPDC Walk, Ride, Bus initiatives
- Sport Taranaki In School Programmes
- Wellbeing for Success (Draft 2013)