

SCHOOL NEWSLETTER

WEST END TE
KURA Ō MŌRERE



TERM 3 2025 WEEK 2

The Power of a Good Night's Sleep!

Dear Parents and Whānau,
As we head into a new term, let's talk about something vital for our kids: sleep! Just like good food and exercise, enough quality sleep is essential for our tamariki to thrive at school and home. It impacts everything from learning and mood to their immune system.

Why is sleep so important for primary school students?

- **Brain Power:** Sleep helps brains process and remember what they learn, making it easier to grasp new things.
- **Focus & Concentration:** Well-rested kids pay better attention and stay engaged in class.
- **Mood & Behaviour:** Enough sleep helps children feel happier, calmer, and more resilient.
- **Stronger Immune System:** Good sleep boosts their immune system, meaning fewer sick days.
- **Growth & Development:** Sleep helps their bodies grow strong and healthy.

How much sleep do primary school children need?

Most primary school-aged children (5-12 years old) need 9 to 12 hours of sleep per night.

Tips for a Successful Sleep Routine:

- **Consistency is Key:** Stick to regular bedtimes and wake-up times, even on weekends.
- **Wind-Down Time:** Create a calm routine before bed, like reading or a warm bath. Avoid screens!
- **Screen-Free Zone:** No screens at least an hour before bed.
- **Comfortable Sleep Environment:** Ensure their room is dark, quiet, and cool.
- **Healthy Habits:** Encourage a balanced diet and daytime activity.

Let's make sleep a priority for our kids. Giving them good rest sets them up for success in learning and life.

SCHOOL ACHIEVEMENT

We are halfway through the school year and we have been analysing our school achievement data. Students across the school are making good progress in Literacy and numeracy. Over the next two terms we will be looking for continued progress and achievement goals being met across all year groups.

Below are our whole school achievement statistics based on the mid year informed judgements, by the teachers.

Reading							
Informed Decision	Mid Year 1	Mid Year 2	Mid Year 3	Mid Year 4	Mid Year 5	Mid Year 6	Totals
Well above							0 (0.00%)
Above		7		8	4	8	27 (10.84%)
At	21	14	21	21	39	31	147 (59.04%)
Below	6	20	10	2	9	5	52 (20.88%)
Well below			6	5	8	4	23 (9.24%)
Totals	27	41	37	36	60	48	249
At or Above	69%						

Writing							
Informed Decision	Mid Year 1	Mid Year 2	Mid Year 3	Mid Year 4	Mid Year 5	Mid Year 6	Totals
Well above							0 (0.00%)
Above				3	1	2	6 (2.41%)
At	22	17	13	22	28	31	133 (53.41%)
Below	5	23	18	7	23	10	86 (34.54%)
Well below		1	6	4	8	5	24 (9.64%)
Totals	27	41	37	36	60	48	249
At or Above	55%						

Mathematics and Statistics							
Informed Decision	Mid Year 1	Mid Year 2	Mid Year 3	Mid Year 4	Mid Year 5	Mid Year 6	Totals
Well above							0 (0.00%)
Above		1		4		4	9 (3.61%)
At	20	30	33	21	31	28	163 (65.46%)
Below	7	10	3	9	22	11	62 (24.90%)
Well below			1	2	7	5	15 (6.02%)
Totals	27	41	37	36	60	48	249
At or Above	69%						

SCHOOL BOARD ELECTIONS

WEST END TE KURA Ō MŌRERE



DATES AND EVENTS

WEST END TE KURA Ō MŌRERE School Board Elections 2025

Parent Election Notice

Nominations are open for the election of 5 parent representatives to the school board.

All eligible voters will receive a nomination form. Use this form to nominate yourself or someone in your community. You will also receive a nomination cover letter calling for nominations. Information on who is not eligible to be a board member is provided with this notice, and the nomination form.

If you need more nomination forms, contact the school office.

Nominations close at noon on **WEDNESDAY 13TH AUGUST 2025**. You may provide a signed candidate statement and photograph with your nomination.

The electoral roll is held at the school and can be viewed during normal school hours.

As nominations are received, there will be a list of candidates' names kept at the school up until election day, which you can view.

Voting closes at 4pm on **WEDNESDAY 17TH SEPTEMBER 2025**.

Signed
CHRISTINE HUCKER
Returning Officer

2025

Term 3

- 25 July
- 13 August
- 6 August
- 7 August
- 8 August
- 4 Sept
- 5 Sept
- 8 Sept
- 10 Sept
- 11/12 Sept
- 17 Sept
- 17 Sept
- 18 Sept
- 19 Sept

- Board nominations called
- Board nominations close
- Devon Technobitz
- Rugby session at lunchtime
- Lead Conference
- Kapahaka Dress rehearsal
- NZ Olympic Ambassador visit
- New Plymouth Cross Country
- Wig Wednesday
- Tatarakihi Kapahaka Hawera
- Board Elections
- Taranaki Cross Country- Hawera
- Choir Performance
- End of Term 3

COMMUNITY CONSULTATION

Thank you to all the parents who have filled in the Board's consultation form. The information you have shared is appreciated.

We noticed that many of our parents who responded are genuinely happy with our school. The areas that the respondents thought needed improving will be investigated by the Board and the senior leadership team.

CROSS COUNTRY

This term we will be having our school, New Plymouth and Taranaki cross country races. We will have a competitive race for students who would like to race and be considered for the New Plymouth team. We will also have a fun run for all students.

On the 8th Sept the New Plymouth Cross Country takes place at Vogeltown Park. We will enter a team to go along to this event based on results of our school race.

On Wednesday 17th September the Taranaki Cross Country takes place in Hawera. Any student aged 9-11 can take part in this event. It is a race and all entrants need to be able to run 2km. If you would like to enter your child into the Taranaki event please see Mr Warren Smart (Rm 15).

www.westendnp.school.nz


Email: office@westendnp.school.nz

Phone :067589331

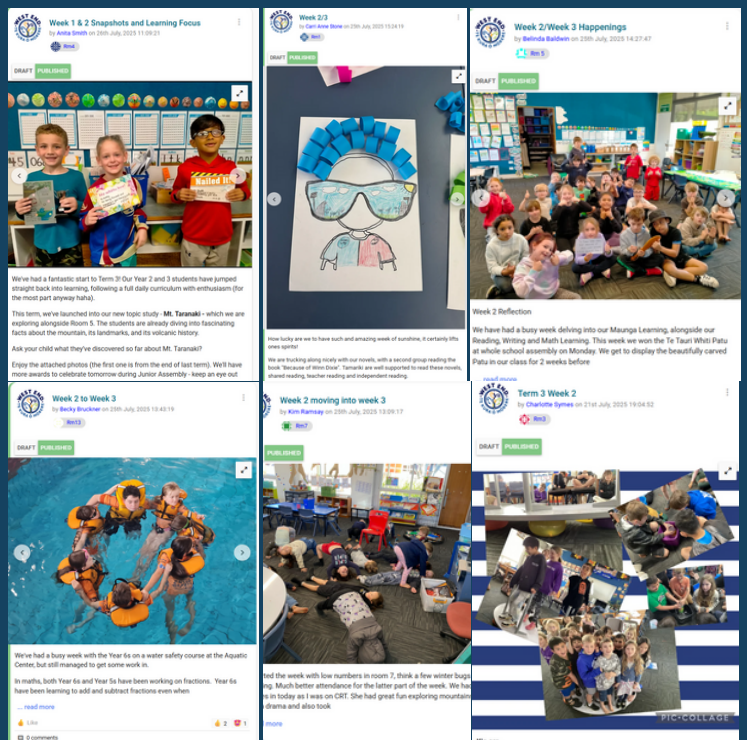
Whanaungatanga, Ako, Kaitiakitanga, Manaakitanga

LEARNING INFORMATION

All teachers share a regular recap of their students learning. This is found on HERO and contains what students are learning, what they are learning next and usually some pictures.

This information helps you understand what your child has been learning. It gives you a chance to have a chat with your child and help them be prepared for their next week. I would encourage you to  the posts and ask questions using the

comment button.



GIRAFFES CAN'T DANCE

8 - 17 Aug 2025
ValDeakinDance.org.nz

Dance Centre
 306 St Aubyn St. N.P.
 Tickets (06) 7580991

Book A Ticket

SPONSORED BY: ARTS COUNCIL OF NEW ZEALAND (Creative NZ) VAL DEAKIN DANCE THEATRE

Ethan from Room 3 is performing in the production Giraffes Can't Dance with the Val Deakin Dance Centre. This production takes place early next month and Ethan would be thrilled to see some of our West End Te Kura O Morere families at the show. Ticket information is above. All the best Ethan, we are all supporting you.



Te Taura Whiri
 (The Strong Rope)

Whanaungatanga

SELF MANAGER
 TEAM PLAYER
 COMMUNICATOR
 INVESTIGATOR
 CHALLENGE TAKER

Ako

Te Taura Whiri Postu
 First winners at
 whole school assembly
 21.7.25 Week 2 Term 3
 Kaitiakitanga

